

# **Sick Child**

# Contents

Sick Child	1
Surbiton High School: Ethos and Aims	2
Policy Statement	3
Procedures	4
Exclusion periods for illness/infectious or contagious disease	5
Document Information	6



## **Surbiton High School: Ethos and Aims**

Surbiton High School aims to **inspire**, **encourage and empower** our young people to discover and embrace their individuality in an intellectually rigorous academic environment. Balanced with outstanding pastoral care, our students become compassionate, respectful, courageous, and inquisitive members of the community, living out the School's motto: *Amor nos semper ducat* (May love always lead us).

#### **Our Values**

#### We are compassionate:

We are kind and we care, in both thought and action. We consider those less fortunate and strive to support and offer aid. We are mindful of the gentle power of positive actions. We support and encourage those around us.

#### We are respectful:

We respect all people equally. We respect ourselves, our learning, our community, our environment, and the planet we all share. We strive to act with respect and integrity in all things. When we disagree, we do so respectfully.

## We are courageous:

When challenged by our fears we are determined, not deterred. We call on resilience for strength when in the heat of the struggle. We bravely chase our dreams and fight for what we believe. When we fall, we pick ourselves up and forge forward.

#### We are inquisitive:

We understand that a thoughtful question is the key to unlock understanding. We believe where answers provide ends, questions pose exciting beginnings. We are eager to explore, we question to discover, we are curious to learn more of the world at large.

#### We are a community:

We are united - with a common focus. We value belonging to a wider community: our school community, our local community, our global community. We are inclusive of all, no matter our differences. We value and nurture the connections we form.

We achieve these aims through our *Charter for Happiness and Well-being*. Our pupils:

- are inspired to deploy their highest strengths to tackle all situations, developing a growth mind-set and a can-do attitude, equipped with the tools to maximise their positive emotions
- are encouraged to find their niche, to be fully engaged in educational activities and to meet the highest challenges that come their way
- are coached and encouraged to develop strong relationships, to be empathetic and responsive to the needs of themselves and others

SUR\_Sick\_Child\_8\_1\_24



- are empowered to lead a meaningful life, to be able to understand what their goals
  are and to know what they are striving for
- are empowered to draw strength from celebrating their accomplishments, in order to tackle new challenges

We achieve these aims through our inculcation of *Learning Habits*. Our children:

- are inspired in their thinking, to ask questions, to make connections, to imagine possibilities, to reason methodically and to capitalise on their resources
- are encouraged to be emotionally invested in their learning, persevering in the face of difficulties, noticing subtle differences and patterns, managing their distractions, and becoming absorbed in their learning
- are empowered to be fully involved in their learning, growing in interdependence, collaborating effectively, listening empathetically to others, and imitating their learning habits
- are inspired, encouraged, and empowered to be productive, planning their learning in advance, revising and reviewing their progress, distilling important information, and developing their own meta-learning

### United Learning and the United Church Schools' Trust

Surbiton High School is part of United Learning and the United Church Schools' Trust. The School has an Anglican foundation, valuing its Christian heritage whilst welcoming staff and children from all faiths and none. We share with United Learning its core mission statement "to bring out the best in everyone". We are committed to the aims of United Learning, including its Framework for Excellence, which can be found at: www.unitedlearning.org.uk

## **Policy Statement**

We recognise our responsibility to promote a learning environment that is safe and healthy for all. In order to maintain a clean and healthy environment for all our pupils this policy provides guidance for staff and parents as to when children should or should not be in School if showing signs of illness.

The health and wellbeing of all our pupils, and of our School Community, is of paramount importance to enable them to be successful learners in everything they do.

SUR\_Sick\_Child\_8\_1\_24

3



The purpose of this policy is to:

- To ensure sick children are identified
- To ensure sick children are cared for appropriately
- To protect children and adults from preventable infection
- To enable staff and parents to be clear about the requirements and procedures when children are unwell

#### **Procedures**

Children should not be brought to School if they are displaying signs of illness.

Parents are responsible for keeping the School informed about their child's health.

If parents do bring children to School and the School Nurse/staff feel that they are too unwell to be here, parents/carers/emergency contacts with be contacted and requested to come and collect their child and requested not to return their child to School until symptom free.

We understand the needs of working parents and do not aim to exclude children from School unnecessarily. However, the decision of the School is final when requesting that a child be collected due to illness or infection. Decisions will take into account the needs of the child, and those of other children and the staff in School.

Children with infectious or contagious diseases will not be permitted to attend for certain periods. If the School Nurse suspects that a child has an infectious or contagious disease, they will request that parents/carers consult a doctor before the child returns to School.

SUR\_Sick\_Child\_8\_1\_24

4



# Exclusion periods for illness/infectious or contagious disease

Disease/Illness	Exclusion Period
Antibiotic prescribed	First 24 hours at home after taking first dose of antibiotics
Raised temperature	A child needs to be fever free for a minimum of 24 hours before returning to School, that means the child is fever free without the aid of antipyretic medication
Vomiting and/or Diarrhoea	48 hours from the last bout of vomiting and/or diarrhoea
Conjunctivitis	Children can go to School. Treatment should be sought from a pharmacist or doctor
Chicken pox	The usual exclusion period is 5 days; however, all lesions should be crusted over before returning to School
Coughs and colds	Children should attend School if they feel well enough
Croup	Keep your child off School if they have a temperature. Once their temperature is normal, they can return to School
Hand, foot, and mouth disease	Children should remain at home if feeling unwell, but then they can return to School
Headache, earache, stomach ache, sore throat	Children can attend school if they feel well enough
Headlice	Children can attend School, but they must be treated to prevent further spreading.  Treatment should be sought from a pharmacist
Impetigo	Until the skin has healed
Measles	5 days from the appearance of the rash

SUR\_Sick\_Child\_8\_1\_24



Mumps	5 days from the onset of swollen glands
Pertussis (Whooping cough)	5 days from commencing antibiotic
Rubella (German measles)	5 days from the appearance of the rash
Slapped cheek syndrome	Children can attend School after the rash has appeared – they are no longer infectious at this stage. If you suspect your child has slapped cheek syndrome, see your doctor, and let the School know if they are diagnosed with it
Threadworm	You don't need to keep your child off School if they have threadworm. Treatment should be sought from your pharmacist or doctor.  Please inform the School

More information can be sourced via these links:

https://www.nhs.uk/live-well/is-my-child-too-ill-for-school

https://assets.publishing.service.gov.uk/media/626669cb8fa8f523b7221b98/UKHSA-should-

I-keep-my child off school guidance-A3-poster.pdf

# **Document Information**

Version Number	2
Reason for Version Change	Annual Review
Name of owner/author	Sinead Ross Martyn, School Nurse
Name of individual/department responsible	Sinead Ross Martyn, School Nurse
Target Audience	Public
Date issued	29 <sup>th</sup> January 2025
Where available	MIS, School Website
Review Date	January 2026

SUR\_Sick\_Child\_8\_1\_24

6