### SURBITON

HIGH SCHOOL

# LOOKING AFTER YOUR & Workplace Well-Being

Your all-round well-being is our priority. Here's an overview of our overall benefits offer











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### Your Physical Well-being



- Free healthy lunch during term time
  - Free access to the school gym 'Fitness Suite'
  - Free weekly staff yoga
- Staff running club
- Free annual flu jab
- Free on-site massage
- £70 contribution towards an eye test/glasses on prescription
- Numerous discounts via Perkbox
- Discounted membership at a number of local gyms, physio practices, pilates and yoga studios











