## **KS1** and 2 Sports Day

On Tuesday 6 June, the KS1 boys and girls ventured to Hinchley Wood for the highly anticipated annual Sports Day. From the egg and spoon race to the 50 metre sprints, the boys and girls pushed themselves to their absolute limits to win vital House points for their Houses in a bid to take home the trophy! The pupils embraced the values of Surbiton High Boys' and Girls' Preparatory Schools by showing great respect, compassion and courage. The community feel around Hinchley Wood was also a credit to the parents and staff, who work tirelessly to ensure the School is a safe place where the pupils love to learn. Though slightly overcast for much of the day, pupils performed spectacularly, using key skills and attitudes learned in PE lessons to showcase themselves to their peers and parents. Arundel came out victorious, but by the barest of margins. A huge well done to all involved, and a special mention to Mr Blood and Miss Pottay and the PE team for such a successful and enjoyable day.

There was no time for a rest as the Girls' Prep School PE team whizzed from finishing the Key Stage 1 Sports Day at Hinchley Wood, to turn their attention to the eagerly awaited Key Stage 2 Sports Day. The day started overcast but the clouds cleared, and the sun bounced off the track at the Weir Archer Athletics Stadium. The pupils arrived full off excitement and energy, taking in the new venue.

Enthusiasm and determination were high, with every pupil doing their very best in each event. Pupils rose to the occasion, showing courage by pushing themselves out of their comfort zone, displaying bags of competitiveness, all whilst supporting one another and having fun. It was wonderful to witness so many pupils step forward to run the 800m race, to pick up extra points for their House. The day ended with a highly contested teacher obstacle race drawing the crowds, with some questionable podium finishes! Congratulations to Caernarvon who lifted the Sports Day trophy, with Arundel narrowly missing out.

Well done to all our pupils! A huge thanks goes to all the staff involved, as without them the day could not run. Thank you to parents for showing their support in attending the event and being the cheerleaders. A final thanks to the Parents' Association for funding the ice lollies provided at the end of the day.

## London Youth Games Sitting Volleyball Finals – Thursday 8 June (CCh)

A team of eight girls from Year 6 were selected to represent Kingston at the London Youth Games to compete in a new sport to them – sitting volleyball. The team had a couple of practice sessions during their breaktime and additionally were fortunate to have an experienced volleyball coach come and lead a session; learning the different types of shots and how the game worked. On the day, the girls were apprehensive before their first match, but they were determined to enjoy themselves and give it a go. The Girls' Prep School won their first and second match, showing great teamwork and skill for the sport. Unfortunately, they lost their third match which resulted in being in the semi-finals, playing for third or fourth position. The match was very close with the score being 15:15 and therefore had to win by two clear points. The game continued with tension and excitement and came to an end with Zaya serving for match point - she didn't let her nerves get the better of her by serving an ace to win bronze. The team showed excellent resilience throughout the tournament and really enjoyed learning a new sport. A great result, well done to all.

# KS2 Multisport Active Enrichment Festival - Monday 12 June (CCh)

Sixteen girls from KS2 (Years 3 to 6) took part in Multisport Active Enrichment Festival with schools from Kingston borough. The activities included; ultimate frisbee, circus skills, dancing, speed stacking, archery, skipping and multi sports. Everyone thoroughly enjoyed trying new activities and working together as a team.



Year 2 Fulham Football Club Sports Day – Monday 19 June (CCh)

Year 2 enjoyed attending Fulham Football Club's training ground to take part in a sports day. There were a variety of 10 activities, such as football, bowling, handball, monster ball and an obstacle course. Each station was led by a Fulham coach and we all left with a Fulham water bottle and a book; Marcus Rashford – 'You are a Champion: How to be the best you can be'. Lots of fun was had all round.



## Football IAPs - Friday 23 June (AH)



On Friday 23 of June, the Year 6 football team represented Surbiton High School in the Football IAPS where they would go on to achieve an outstanding second place after winning four of their six games, scoring ten goals in the process, and only conceding three.

With the sun shining and excitement levels brimming, the girls brought the heat when kicking off their opening game against the hosts, Bede's Prep School. Both teams began by playing attractive attacking football, working the ball deep into either opposition half only to be met by resolute defending and relentless determination to not concede. With the game threatening to end in stalemate, the Girls' Prep School unleashed a devastating counter-attack with the ever dependable combination of Mabel "The Lumberjack" and Martha "The Sheriff" shepherding the opposition into the corner of the pitch like seasoned sheepdogs before repossessing the ball and quickly threading it into midfield for Niamh to spin her marker and send Jolie through on goal for a clinical 1v1 finish. This was all the confidence boost Surbiton needed as they kept the momentum up and Jolie quickly followed up with another goal to seal a 2-0 victory. The ensuing game against St Piran's followed a similar script with the ever mercurial, Jolie "The Lightning Bolt" regularly causing problems by her darting, zig-zagging runs with the ball that rightly rewarded her with another brace of goals. This victory, however, would not have been so sweet if it wasn't for the heroics of Lila "The Cat" who made an excellent penalty save with her knees which lead directly to Surbiton scoring. Next up was a real test of character for Surbiton as they faced ISFA national finalists, Aberdour. The game began as expected with Aberdour's unstoppable force meeting Surbiton's immovable Lumberjack and Sherrif one-two. It required a moment of brilliance from the Aberdour talisman player to break the deadlock with a well-struck shot that rifled into the top corner. This is when the tenacious character of Surbiton shone through because instead of rolling over, they brought the fight to Aberdour and put them on the backfoot, lead on by Vivian "The Wrecking Balls" example of no holds barred tackling and forward driving runs that almost lead to an immediate equaliser after sending Jolie through on goal. Niamh also tried her luck and rattled the opposition post with a rocket of a shot from way outside the box but Aberdour, however, would manage to withstand the pressure and take the 1-0 win. Following that close loss, Surbiton once again showed their nature and responded in terrific fashion, particularly, Niamh "The Pitbull", who put on a complete midfielder's performance by winning tackles in the middle of the pitch, linking up with everyone on the pitch, and most impressively scoring a hat-trick of goals much to the confliction of Mr Hammond who promised a match ball to anyone who achieved such a feat. The next two games were also a testimony of spirit and skill where Surbiton found themselves up against two well-organised teams in Ashford and Streatham & Clapham Prep. Both games required a complete team performance with

each and everyone contributing their own moments of magic to help earn their team some points. Against Ashford we saw Abi "The Owl" silently glide into attacking spaces and play through balls that even those on the sideline didn't spot that lead to a plethora of shooting chances. We also had Caitlyn "The Surgeon" who's composure, slick skills, and clinical passing enabled her to set up the equalising goal that earned us a vital point in the standings. We also saw Isla "The Seamstress" weave in and out of defenders leaving a wake of dizzy opponents behind her and almost getting her reward after a controlling a cross with aplomb, she poked the ball towards the bottom corner only to be denied by an outstretched foot of the goalkeeper. Last, but not least, we had Lauren "The Ghost" who would seemingly appear from nowhere during decisive defensive moments, especially during the dying moments of the Streatham & Clapham game where the striker was readying to shoot in the heart of the box only for Lauren to plant herself at the last moment in front of the ball and watch it ricochet off her legs out of play, saving a certain goal and secure the three points that would go on to help Surbiton secure second place.

Overall, it was a great send off for the year 6 girls and a fine advert for Surbiton football and an absolute pleasure to be a part of the team. A truly well-deserved result and reward for months of



hard work for all involved in that squad.

#### Esskia Indoor Ski Race team

The skiers set off early on a hot Sunday morning to travel to Castleford. After a long day travelling and a training session on Sunday afternoon, the skiers had an early night to ensure they were set for the race. Come Monday morning, each skier raced with sheer determination and clocked some well-deserved times. Congratulations to Phoebe, Gigi, Katherine and Isa who came 3<sup>rd</sup> in the Indoor British Championships!

## **London Schools Ski Race**

On Saturday 24 June the skiers competed in the London School Ski Race. The skiers did themselves proud by each winning an individual medal. The A-team won the main race and the dual race with the B-team coming 4<sup>th</sup> in the main race and 2<sup>nd</sup> in the dual race. This contributed to Surbiton High Girls' Prep School winning and being crowned the London Schools Champions! Congratulations to all those that raced on the day.



Year 5 and 6 Rugby Workshop- Monday 3 July

Years 5 and 6 were lucky enough to take part in a rugby workshop delivered by our prize giving guest speaker, Megan Jones (rugby player for England, Team GB and Leicester Tigers).

Megan was born in Cardiff, Wales, and started playing rugby at age six for Glamorgan Wanderers. Since then, Megan has doubled up as a sevens and a 15-a-side rugby star. Megan travelled to the Rio 2016 Olympic Games with Team GB as a non-playing reserve and four years later co-captained the team at Tokyo 2020, showing us the importance of hard work, resilience and dedication. Megan and her Team GB teammates won gold at the recent European Games, booking their spot for the Paris 2024 Olympic Games. Megan brought her gold medal with her to the workshop which the girls got to hold; they were surprised how heavy it was.

The session started with an extremely fun warm up game called 'baby, monkey and snake', which involved the girls getting used to picking each other up. The session continued with practicing their handling their skills with races and they finished off with a big end zone touch game. The girls didn't want the session to end, they showed excellent enthusiasm, and they weren't afraid to get stuck in.

At the end of the session, the girls were given the opportunity to do a Q&A with Megan. Hands shot up with questions about Megan's playing career, what she loves about rugby and even questions about her favourite food! Years 5 and 6 were extremely inquisitive and were eager to know how Megan got involved with rugby and how they could get involved with local clubs. The bus journey back to school was full of excited and inspired girls. Thank you, Megan!





# Year 6 Family Games and Picnic – Tuesday 4 July (AE)

# **Tennis**

Congratulations to Anais and Darcey for being selected to represent Surrey at the U11 County Cup. They are two of just six players selected to represent Surrey at the National Finals in Wrexham in July. Play well!