

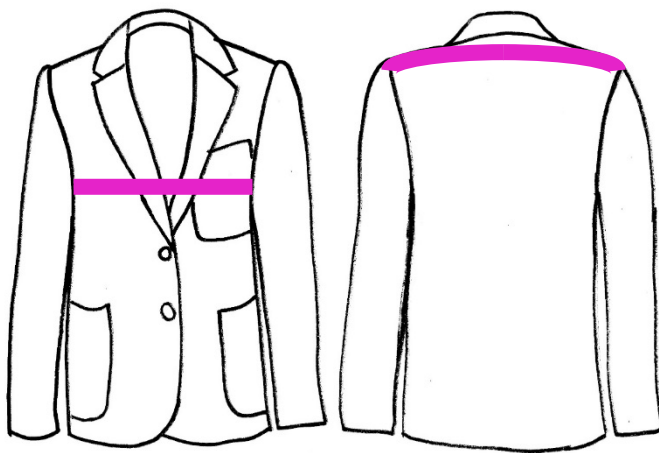
## Reception Starter Sizing Guide

This document aims to give a broad idea of how to measure your child for their school uniform, for more generic products such as shirts, trousers and shorts please visit -

<https://www.alleycatz.co.uk/pg/7/Size-Guide>

### Day-to-Day:

- Blazer:



All blazers are labelled in inches around the chest, so a 24 blazer is intended to be worn by a child who is 24" around the chest (the blazer actually measures approx. 4 inches wider than this)

The most important measurement however is the **shoulders**, this should be measured in a curve over the shoulders behind the neck. The blazer should have an inch of growth on

either side so that it lasts, so if your child measures 11" across the shoulders choose a blazer that is nearer 13" across.

When trying on do not worry if the sleeves are too long these can be easily turned up. Do up the top button and pinch the shoulder ends to ensure there is about an inch here. Most Reception pupils are a 24' or a 26' blazer.

Shoulder measurements:

Blazer Size	Shoulder measurement
22	11½ inches
24	12½ inches
26	13½ inches

- Summer Dress:



As with the blazer the dress size indicates your child's chest measurement, so a girl with a 22" chest measurement would fit comfortably in a 22 dress (the dresses actually measure a few extra inches for movement).

The length is always 2 inches longer than the chest measurement. This length is measured from the top of your child's neck to the hem line (NOT from the bottom of the collar)

Dress Size	To fit a child's chest size	Length – from neck to hem
20	20 inches	22 inches
22	22 inches	24 inches
24	24 inches	26 inches
26	26 inches	28 inches

- Cardigans & Jumpers:

Generally, we find that whatever blazer size fits the Cardigan or Jumper will be a size up, so a child wearing a blazer in a 26, will often be wearing a jumper or cardigan in a 28. This is also recommended by the manufacturers as the garment labels relate to the size of the **garment** not of the child.

Therefore:

Item & label size	Recommended chest size of your child
Cardigan 24	22 inches
Cardigan 26	24 inches
Jumper 24	22 inches
Jumper 26	24 inches

To assist here are some other measurements provided by the supplier:

Cardigans:

Label Size	24"	26"	28"	30"	32"	34"	36"	38"	40"	42"
Chest Width	12	13	14	15	16	17	18	19	20	21
Body Length	15¼	16¾	18¼	19¾	21¼	22¾	23¾	25¼	26¾	26¾
Approximate Age	4/5	5/6	7/8	9/10	11	12	13	14	15	16+



### Jumpers:

Label Size	24"	26"	28"	30"	32"	34"	36"	38"	40"	42"	44"	46"
Chest Width	12	13	14	15	16	17	18	19	20	21	22	23
Body Length	17¼	18¾	20¼	21¾	23¼	24¾	25¾	27¼	28¾	28¾	28¾	28¾
Approximate Age	4/5	5/6	7/8	9/10	11	12	13	14	15	16+	16+	16+

- **Winter Pinafore:**

These are labelled by chest measurement. Like the blazer and summer dresses it is labelled so that if your child has a 24" chest, then a label 24 should fit comfortably. The garment normally gives about 3 inches extra on the chest measurement, so a label 26 would be 29" around, the arm holes are generous on this pinafore as well.

Another important measurement is length, this is always the label number plus two, so a label 24 would have a length of 26", this measurement, like the summer dress, is taken from your child's neck to the hem of the garment, so to summarise:

Label size	Chest measurement of <b>child</b>	Approximate chest measurement of <b>garment</b>	Length of <b>child</b> from neck to knee
20	20 inches	23 inches	22 inches
22	22 inches	25 inches	24 inches
24	24 inches	27 inches	26 inches
26	26 inches	29 inches	28 inches

- **Roll Neck Top:**

The label size on these is the exact measurement of the garment, so a label 22 is 22 inches around the chest, therefore it is generally better to go a size up, so if your child measures 22" around get a 24 top. It will not matter if it is a bit big as it will be tucked into the pinafore, and the sleeves can be easily turned over if they are a bit long. The other advantage to going a bit bigger is that the head holes on this garment come up surprisingly tight, so by going for a bigger size this helps with that problem also.

Garment label size	Child chest measurement
22	20 inches
24	22 inches
26	24 inches



- **Other Items:**

- **Socks** – These are sold by shoe size.
- **Tights** – These are sold by age, an approximate height chart from the manufacturer suggests:

Age	Height (cm)	Heights (inches)
3-5 years	105cm	41 inches
5-7 years	120cm	47 inches
7-9 years	130cm	51 inches
9-11 years	140cm	55 inches
11-13 years	152cm	60 inches
Teens (13-14 years)	-	Hips 36 inches

- **Hats** – These are one size, summer caps have elastic or Velcro adjustment
- **Art smock** – These come in ages and are true to size but go as big as you can as they have good elastic cuffs to keep them above hands whilst painting.
- **Coat and waterproof jacket** – Both of these items are quite true to size, but they are wide, so do not be tempted to go too big, they will generally fit over layers comfortably.
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## Sportswear:

- **PE polo:**

This is a short-sleeved polo top, generally true to age, the chart from the supplier below gives the recommended chest inches of your **child** (the garment is a few inches larger):

Age	2/3	3/4	5/6	7/8
Chest*	18"	20"	24"	26"

- **Girls' Gym Shorts:**

The number on the label size for these shorts indicates the waist measurement of your child. It is the garment size when stretched a little to allow the shorts to stay in place when doing sports. The waistband is quite wide and does sit relatively high.



- **Boys' P.E. Shorts - DL17 White:**

The label size for these indicates the waist measurement of your child, and indicates the garment size when stretched a little, as there is no tie in the waist it is good to go with the actual size as this stretch will allow the shorts to stay in place when doing sports.

Please be aware that the short is a wide fit in the legs, with a quite long leg cut.

- **Girls' Skort:**

These are in ages but come up relatively large, so the waist band measurements at a medium stretch are:

Age on label	Waist band measurement at medium stretch
Age 3-4	23 inches
Age 5-6	25 inches
Age 7-8	27 inches

- **Sweatshirt:**

These are normally a good fit, and due to excellent cuffs do not matter if they re a little big, most new starters will wear an Age 5-6. To help a few garment measurements below:

Label Age	Chest measurement of garment	Inside arm measurement of garment (armpit to wrist)
Age 3-4	28 inches	11½ inches
Age 5-6	30 inches	13½ inches

- **Green Joggers:**

These are quite a wide fit, and do come up quite generous, as a rule of thumb whatever you take in the sweatshirt you have one down in the joggers, so if you were wearing an Age 5-6 sweatshirt, you would wear an Age 3-4 jogger. There is, however, a pull in tie in the waist so if you need extra length in the leg the waist can be tied. Measurements below:

Label Age	Waist band measurement at a medium stretch	Inside leg measurement of garment
Age 2-3	22 inches	16 inches
Age 3-4	24 inches	18 inches
Age 5-6	26 inches	20 inches