

ON THE MENU THIS WEEK



Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef's Daily Soup Selection of Breads	Chef's Daily Soup Selection of Breads	Chef's Daily Soup Selection of Breads	Chef's Daily Soup Selection of Breads	Chef's Daily Soup Selection of Breads
HOME COMFORTS	Chicken Katsu Curry	Vegetarian Moussaka With Fava Beans	Fusilli Pasta Lentil and Beef Bolognaise	Thyme Roasted Pork with Apples	Battered Fish
MEAT FREE	Curious "Chicken" Squash and Chickpeas Katsu	Spanakopita	Lentil Primavera Courgette, Spinach Fusilli	Grilled Cauliflower steaks with Butter Beans	Stuffed Peppers, Tomato rice
ON THE SIDE	50/50 Rice Carrots, Peas Mange tout	Lemon New Potatoes Broccoli and Peppers	Garlic Bread Spring Greens Sweetcorn	Roast Potatoes, Carrots, parsnips, swede, Yorkie Pudding and Veggie Gravy	Chips Green Peas Baked Beans
JACKETS	Baked jacket Potato with Beef Goulash	Baked Jacket Potato with Chipotle and Black Bean stew	Baked Jacket Potato with Chicken Chana Masala	Baked Jacket Potato with Smoked Chilli Beef	Baked Jacket Potato with Pork and Mushroom Stroganoff
PASTA BAR	50/50 Courgette Pesto Pasta	Red Pepper and Tomato Pasta	Wholemeal Green Pesto Pasta	50/50 Tomato Pasta	Squash Mac & Cheese
DESSERT	Low sugar Lemon Posset Fruit and Yoghurt Low sugar Vegan Jelly	Cherry Flapjack Fruit and yoghurt Low sugar Vegan Jelly	Granola Yoghurt pots Fruit and Yoghurt Low sugar Vegan Jelly	Ice Cream Fruit and yoghurt Low sugar Vegan Jelly	GF Choco and Sweet Potato Brownie Fruit and yoghurt Low sugar Vegan Jelly
SALAD	Rainbow Slaw, Cucumber, Tomato, Grated Carrot, Sweetcorn, Grated Cheese, Eggs, Tuna, Mixed Leaves and Chef's Daily Salads				

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Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef's Daily Soup Selection of Breads	Chef's Daily Soup Selection of Breads	Chef's Daily Soup Selection of Breads	Chef's Daily Soup Selection of Breads	Chef's Daily Soup Selection of Breads
HOME COMFORTS	Italian Chicken With Butter Beans	Brioche Bun Beef Burger With Toppings	Mediterranean Lemon and Herb Chicken	Honey Roast Gammon	Fish Fingers
MEAT FREE	Leeks , fava and pinto bean Veggie Pizzaiola	Beetroot and Veg Burger With Toppings	5 Bean Chilli	Courgette, Mint and Feta Tartlet	Sweet and Sour Popcorn Cauliflower
ON THE SIDE	50/50 Penne Pasta Green beans and Carrots Rocket Balsamic Salad	Potato Wedges Sweetcorn/ charred corn Broccoli	50/50 Rice Kale and Peas Tortilla Chips	Roast potatoes Roast Carrot, Parsnips, Swede, Beetroot, Yorkshire pudding and Veggie Gravy	Chips Peas Beans
JACKETS	Baked Jacket Potato with TaRka Dhal	Baked Jacket Potato with Thai Chicken Yellow Curry	Baked Jacket Potato with Beef Tagine	Baked Jacket Potato Soya, ginger Hot honey Chicken	Baked Jacket Potato Gammon and Spring Veg Casserole
PASTA BAR	50/50 Courgette pesto Pasta	Red Pepper and Tomato Pasta	Wholemeal Pesto Pasta	50/50 Tomato Pasta	Squash Mac Cheese
DESSERT	Low Sugar Strawberry and Vanilla Sponge and Fruit and yoghurt Low Sugar Vegan Jelly	Mango Fool Fruit and yoghurt Low Sugar Vegan Jelly	No Sugar Blueberry Sponge Fruit and yoghurt Low Sugar Vegan Jelly	Chocolate Mousse Fruit and Yoghurt Low sugar Vegan Jelly	Frosted Carrot and Sultana Cake Fruit and Yoghurt Low Sugar Vegan Jelly
SALAD	Rainbow Slaw, Cucumber, Tomato, Grated Carrot, Sweetcorn, Grated Cheese, Bread Rolls, Mixed Leaves and Chef's Daily Salads				

ON THE MENU THIS WEEK



Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef's Daily Soup Selection of Breads	Chef's Daily Soup Selection of Breads	Chef's Daily Soup Selection of Breads	Chef's Daily Soup Selection of Breads	Chef's Daily Soup Selection of Breads
HOME COMFORTS	Chicken Tagine With Chickpeas and Lentils	Sticky Ginger Soya Glazed Pork With Peppers	Margherita Pizza	Thyme Roasted Chicken	Breaded Pollock
MEAT FREE	Aubergine , Butterbean Courgette Tagine	Gochujang Crispy Tofu with Bean Sprouts	Garden Vegetable Pizza	Summer Squash, Chickpeas, Swiss Chard Bake	Courgette and Aubergine Parmigiana
ON THE SIDE	Cous Cous Shakshuka Carrots Flatbread	Asian Greens and Mange Tout Noodles Prawn crackers	Oven baked Potato Wedges Sweetcorn Broccoli Garden Salad	Roasted Potatoes, roasted Carrots , parsnips, Beetroot Yorkshire Pudding and Veggie Gravy	Chips Green Peas Baked Beans
JACKETS	Baked Jacket Potato Korean pork	Baked Jacket Potato with Chicken Frango com Quiabo	Baked Jacket Potato with Meat free Bolognese	Baked Jacket Potato with Kung Pao Beef	Baked Jacket potato Chicken Tikka Masala
PASTA BAR	50/50 Courgette Pesto Pasta	Red Pepper and Tomato Pasta	Wholemeal Pesto Pasta	50//50 Tomato Pasta	Squash Mac and cheese
DESSERT	Low Sugar Summer Berries Eton Mess Fruit and Yoghurt Low Sugar Vegan Jelly	Orange and Poppy Seed Drizzle Cake Fruit and Yoghurt Low Sugar Vegan Jelly	Tropical Fruit Salad Fruit and Yoghurt Low Sugar Vegan Jelly	Low sugar Fruit Of The Forest Cheesecake Yoghurt bar and fresh fruit Low Sugar Vegan Jelly	Marble Cake Yoghurt Bar and fresh fruit Low Sugar Vegan Jelly
SALAD	Rainbow Slaw, Cucumber, Tomato, Grated Carrot, Sweetcorn, Grated Cheese, Bread Rolls, Mixed Leaves and Chef's Daily Salads				