

**SALAD BAR** 



| Week 1<br>08/09/2025<br>29/09/2025<br>03/11/2025<br>24/11/2025<br>15/12/2025 | MONDAY  | TUESDAY   | WEDNESDAY (VEG)  | THURSDAY  | FRIDAY  |
|--|---|---|--|---|---|
| SOUP   | Chef's Daily Soup   | Chef's Daily Soup   | Chef's Daily Soup  | Chef's Daily Soup   | Chef's Daily Soup   |
| HOME FROM<br>HOME  | Chicken Katsu<br>Curry  | Gnocchi Bolognese and lentil<br>Bake  | Asian Veg Soya Bean Stir Fry   | Roast Pork with Apples  | Breaded Pollock   |
| MEATFREE   | Squash , Chickpeas<br>Katsu   | Ricotta & Spinach Gnocchi<br>Bake   | Teriyaki Cauliflower<br>Bao Bun  | Roasted Beetroot & goat cheese<br>Tartlette                               | Aubergine Parmigiana  |
| ON THE SIDE  | Jasmine Rice<br>Carrots<br>Mange tout                                   | Garlic Bread<br>Green Beans & Broccoli                                      | Noodles<br>Pak Choi &<br>Chinese Lettuce                                   | Roast Potatoes, Roasted<br>Root Veg, Yorkshire<br>Pudding<br>Veggie Gravy | Chips<br>Green Peas<br>Baked Beans                            |
| KING<br>EDWARD<br>COUNTER  | Baked Jacket Potato with<br>Beef Chilli<br>****<br>Arrabiata Pasta50/50 | Baked Jacket Potato With Gochujang Chicken  *** Sundried Tomato Pesto Pasta | Baked Jacket Potato with Puy Lentil Balti **** Wholemeal green Pesto Pasta | Baked Jacket Potato with<br>Hunters Chicken<br>****<br>Tomato Pasta 50/50 | Baked Jacket Potato with Pork Stroganoff ****  Mac and Cheese |
| DESSERT  | Low Sugar Lemon<br>& orange Drizzle<br>Cake<br>***<br>Fruit and Yoghurt | Strawberry Cheesecake *** Fruit and yoghurt Vegan Jelly                     | Low sugar Raisin Flapjack<br>***<br>Fruit and Yoghurt<br>Vegan Jelly       | Cheshire Ice Cream  ***  Fruit and yoghurt  Vegan Jelly                   | Sticky Toffee Pudding *** Fruit and yoghurt Vegan Jelly       |

Rainbow Slaw, Cucumber, Tomato, Grated Carrot, Sweetcorn, Grated Cheese, Homemade Bread, Mixed Leaves and Chef's Daily Salads





| Week 2<br>08/09/2025<br>29/09/2025<br>03/11/2025<br>24/11/2025<br>15/12/2025 | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|--|---|---|---|---|---|
| SOUP   | Chef's Daily Soup   | Chef's Daily Soup   | Chef's Daily Soup   | Chef's Daily Soup   | Chef's Daily Soup   |
| HOME FROM<br>HOME  | Chicken & Pepper<br>Souvlaki  | Pepperoni Pizza   | Butter Chicken Curry  | Roast Turkey  | Fish Fingers  |
| MEATFREE   | Meat free Moussaka  | Fresh made Margherita Pizza   | Sweet Potato & Aubergine<br>Chana Masala                              | Roasted Squash, Shallots & Leek<br>Puff Pie                               | Curried Lentil with Paneer Cheese                                   |
| ON THE SIDE  | Pitta Bread<br>Greek Lemon Potatoes<br>Carrot, braised cabbage              | Potato Wedges<br>Broccoli<br>Sweetcorn                                  | 50/50 Rice<br>Green Beans, and Peas<br>Naan Bread                     | Roasted Potatoes<br>Seasonal Root Vegetable<br>Yorkshire Pudding<br>Gravy | Chips<br>Peas<br>Baked Beans  |
| KING<br>EDWARD<br>COUNTER  | Baked Jacket Potato with<br>Greek Bean Stew<br>***<br>Arrabiata Pasta 50/50 | Baked Jacket Potato with Beef Goulash **** Sun Dried Tomato Pesto Pasta | Baked Jacket Potato with Ratatouille **** Wholemeal Green Pesto Pasta | Baked Jacket Potato with Thai Green Chicken Curry **** Tomato Pasta 50/50 | Baked Jacket Potato with Turkey and Veg Stew **** Mac and Cheese    |
| DESSERT  | Apple & Cinnamon<br>Cake<br>***<br>Fruit and Yoghurt<br>Vegan Jelly         | Mango fool  ***  Fruit and Yoghurt  Vegan Jelly                         | Rice Crispy Cake  ***  Fruit and yoghurt  Vegan Jelly                 | Strawberry Mousse  ***  Fruit and yoghurt  Vegan Jelly                    | Dusted Chocolate & Banana Cake  ***  Fruit and yoghurt  Vegan Jelly |



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| Week 3<br>15/09/2025<br>06/10/2025<br>10/11/2025<br>01/12/2025 | MONDAY  | TUESDAY (VEG)   | WEDNESDAY   | THURSDAY  | FRIDAY  |
| SOUP   | Chef's Daily Soup   | Chef's Daily Soup   | Chef's Daily Soup   | Chef's Daily Soup   | Chef's Daily Soup   |
| HOME FROM<br>HOME  | Mediterranean Chicken with<br>Roasted Onion                           | Mediterranean Falafel<br>And Sweet Potato                                     | Korean Beef & Peppers   | Roast Chicken   | Breaded Pollock   |
| MEAT FREE  | Squash, Courgette, Swede<br>Tagine                                    | Lentil Loaf   | Mushroom, Aubergine<br>Gochujang Crispy Tofu                                | Cauliflower Steaks With Butter<br>Beans & Crispy Kale                         | Tuscan Vegetable<br>and Borlotti bean<br>Gratin                             |
| ON THE SIDE  | Cous Cous<br>Sweetcorn<br>Green Beans                                 | Parmentier Potatoes Broccoli & Cavolo Nero FlatBread                          | Rice 50/50  Carrot  Mangetout  Kimchi                                       | Roasted Potatoes  Root Vegetable Yorkshire Pudding  Gravy                     | Chips<br>Green Peas<br>Baked Beans  |
| KING<br>EDWARD<br>COUNTER                                      | Baked Jacket Potato with Sweet & Sour Pork **** Arrabiata Pasta 50/50 | Baked Jacket Potato with Pepperonata Stew **** Sun dried Tomato Pesto Pasta   | Baked Jacket Potato with Jamaican Chicken  **** Wholemeal Green Pesto Pasta | Baked Jacket Potato with<br>Beef Bolognese<br>****<br>Tomato Pasta            | Baked Jacket potato with<br>Chicken Curry<br>****<br>Mac and Cheese         |
| DESSERT  | Zanzibar Cake<br>***<br>Fruit and yoghurt<br>Vegan Jelly              | Yogurt & Granola<br>and Raisin Pot<br>***<br>Fruit and yoghurt<br>Vegan Jelly | Vegan Berry Sponge  ***  Fruit and yoghurt  Vegan jelly                     | No added Sugar Chocolate<br>Mousse<br>***<br>Fruit and Yoghurt<br>Vegan Jelly | Apple & Blackberries Crumble with Custard *** Vegan Jelly Fruit and Yoghurt |