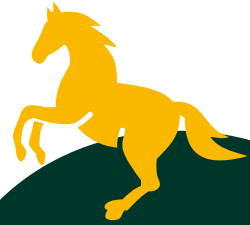


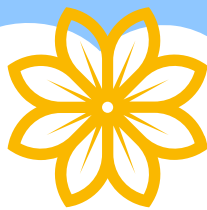
EYFS/KSI WEEK 6



"What have you learned?"
asked the boy.
"We can disagree and still be
friends," said the horse.

Charlie Mackesy

FLOURISH!



POSITIVE RELATIONSHIPS

- Having good friends makes you happy and being a good friend to others makes them happy too. Think about your friendships - are you being a good friend? Are your friends being a good friend to you?
- Why limit yourself to just one friend? Having more than one friend means there will be someone who can help you when you need it.



LISTEN TO

[The Reef Cup: An Important Story about Friendship](#)

ASK YOUR
PARENTS/CARERS
TO LISTEN AND
WATCH THE
VIDEOS

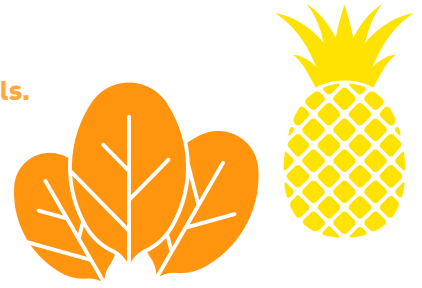
WATCH IT

[Sesame Street: Let's be Friends](#)

GOOD MOOD FOOD

It's summertime - have some pineapple. It's good for boosting your serotonin levels.

Do you know who Popeye is? He loves his spinach, and so should you!



ASK YOUR PARENTS/CARERS TO LISTEN
AND WATCH THE VIDEOS

MUSIC TO BOOST YOUR MOOD

Listen to:

[Bruno Mars - 'Count on Me'](#)

PAUSE AND FIND PEACE

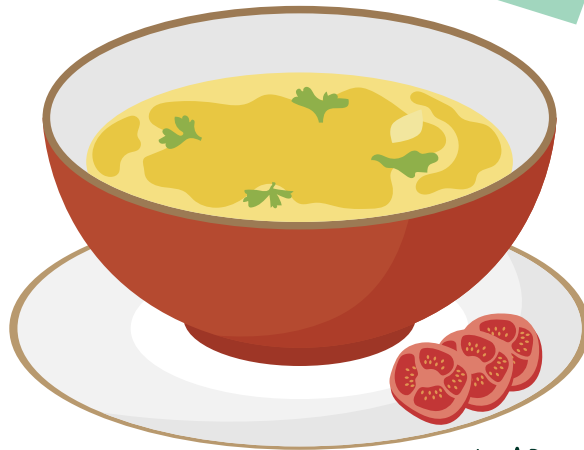
[How to be a friend -
Guided Meditation](#)



CREATE IT!

Make your own friendship soup recipe.
What are the key ingredients of being a
good friend?

- a jar of kindness
- a spoonful of listening
- a can of honesty
- a tube of trust
- a carton of patience
- 1kg of forgiveness
- a box of encouragement
 - a pot of respect
 - a bag of loyalty
 - and a bottle of fun.



LEARN IT

Friendships skills - What makes a good
friend? Can you tick the statements that
are true to you?

- I always share
- I listen when people talk to me
- I let other people choose games
- If I fall out with a friend, I try to make up
- I help my friends and support them
- I am trustworthy

THINK

Take some time to reflect
on your week:

- How have you been a good friend this week?
- What have you done to show kindness to your friends or family?
- Write down three things that make you a good friend.
- Write down three things you would like to improve to be a better friend.

Please send any examples to your Form Teacher
so they can be put forward for certificates and
recognition through house points.

